Featured Speakers: William Walsh, PhD; Ruth Leyse-Wallace, PhD, RD; Albert Mensah, MD

Course Director: Jeanne Drisko, MD, Riordan Professor of Orthomolecular Medicine and Research, Director of Integrative Medicine, University of Kansas Medical Center, Kansas City, Kansas

OVERVIEW
This symposium will feature issues related to integrative medicine and nutritional approaches to psychiatric disorders.

TARGET AUDIENCE
This symposium is designed for physicians (MD and DO), registered nurses (RN), advanced practice registered nurses (APRN), social workers, psychologists, naturopathic doctors (ND), dietitians (RD), and nutritionists.

OBJECTIVES
At the completion of this symposium, participants should be able to:

- Discuss with patients and their families the current evidence for or against the use of integrative approaches as treatment adjuncts in psychiatric disorders.
- Evaluate a decision tree that makes appropriate use of individualized nutrient therapies guided by biochemical laboratory assessment and medical history.
- Discuss key dietary components that are needed for optimal neurotransmitter production, neuronal structure and membrane stabilization.

EXHIBITS
Commercial vendors are invited to exhibit at this meeting. Limited exhibit space will be available. Call Randall Evans at 913-945-6742 or email revans5@kumc.edu for an application or more information.

AGENDA
7:30 a.m. Registration and Exhibits
8 a.m. Welcome and Announcements
  Jeanne Drisko, MD
8:30 a.m. Advanced Nutrient Therapies for Behavioral Disorders, ADHD, and Autism
  William J. Walsh, PhD
10:30 a.m. Refreshment Break, Book Signing and Exhibits
11 a.m. Dietary Approaches to Psychiatric Disorders
  Ruth Leyse-Wallace, PhD, RD
Noon Lunch
12:30 p.m. Advanced Nutrient Therapies for Depression, Anxiety, and Severe Mental Illnesses
  William J. Walsh, PhD
1:30 p.m. From the Evidence to the Clinic: Case-Based Approach
  Albert Mensah, MD
2:30 p.m. Break and Exhibits
3 p.m. Neuro-Feedback Intervention for Psychiatric Disorders: Case-Based Approach
  Jeanne Drisko, MD
4 p.m. Panel Discussion
5 p.m. Adjournment

ACKNOWLEDGMENTS
Financial contributions and supporters of this program will be acknowledged in print at the symposium.
SPEAKER BIOGRAPHIES

William J. Walsh, PhD, is an internationally recognized expert in the field of nutritional medicine. He is president of the non-profit Walsh Research Institute in Illinois and conducts physician training programs in advanced biochemical/nutrient therapies in Australia, Norway and other countries. His book, Nutrient Power (Skyhorse Publishing), which describes an evidence-based nutrient therapy system, was recently published. He has authored numerous peer-reviewed journal articles and scientific reports, as well as been granted five patents. He has presented his experimental research at the American Psychiatric Association, the U.S. Senate, and the National Institutes of Mental Health.

Ruth Leyse-Wallace, PhD, RD, earned the Doctor of Philosophy degree in 1998 at the University of Arizona. Her major course work was in the Department of Nutrition with additional coursework in the School of Nursing. She has practiced clinical dietetics in psychiatric facilities including Sharp Mesa Vista Hospital at San Diego, Calif., Sierra Tucson at Tucson, Ariz., HPA Willow Park Hospital at Plano, Tex., The Menninger Foundation at Topeka, Kan., and Osawatomie State Hospital at Osawatomie, Kan. Her book, Linking Nutrition to Mental Health: A Scientific Exploration, received the Publishers Choice award from iUniverse, Inc. The initial proposal for Linking Nutrition to Mental Health won an award from the Harvard Medical School Book Proposal Contest in 2006.

Albert Mensah, MD, received his undergraduate degree from Northwestern University (Evanston, Illinois) and his medical degree from Finch University of Health Sciences-Chicago Medical School. Dr. Mensah’s residency was in family medicine at Swedish Covenant Hospital in Chicago. Following residency, he completed additional fellowship training in academic development at JHS Cook County Hospital (Chicago). He then practiced as a staff physician at Melrose Park Clinic (Illinois) before joining Pfeiffer Treatment Center in 2005. In 2008, Dr. Mensah co-founded Mensah Medical with Judith Bowman, MD, specializing in the treatment of biochemical imbalances including autism, behavior/learning disorders, eating disorders, bipolar disorder, anxiety syndromes, childhood and adult schizophrenia, Alzheimer’s Disease and Parkinson’s Disease.

Jeanne Drisko, MD, is the endowed Riordan Professor of Orthomolecular Medicine and has been director of the University of Kansas Medical Center KU Integrative Medicine since 1998. Dr. Drisko conducts integrative medicine research at the University including trials investigating efficacy and safety of intravenous ascorbate in cancer and infectious disease, among other projects. She was awarded the 2006 K-INBRE research award at the Medical Center.

KU Integrative Medicine has a robust clinic, with patient care at the top of priorities and biologic investigation serving to guide individualized patient approaches to health and wellness. Dr. Drisko educates around the topic of integrative medicine and nutrition through didactic course work, elective rotations, and shadowing experiences. A fellowship program in integrative medicine for primary care physicians began in 2008 under Dr. Drisko’s leadership. She was nominated by the University of Kansas Medical Student Assembly to receive the Rainbow Award for Excellence in Teaching the Art of Medicine.

Dr. Drisko serves KUMC School of Medicine by sitting on multiple committees, provides guidance for the State of Kansas on topics in integrative medicine, and participates at the national level on integrative initiatives. Dr. Drisko is a member of the Kansas Cancer Research Institute and an advisory board member of the General Clinical Research Center at the University. She served on an Institute of Medicine committee and the report on complementary and alternative medicine was published in 2005. KU Integrative Medicine is a member of the Consortium of Academic Health Centers for Integrative Medicine, a prestigious group of top academic integrative medicine programs where Dr. Drisko serves on the steering committee. Dr. Drisko has been an advisor to the National Education Dialogue for integrative therapies and served on an expert panel for integrative medicine integration by the RAND Corporation. Dr. Drisko is a past-president of the American College for Advancement in Medicine, the oldest integrative medicine physician member organization.

ACCREDITATION

All participants are required to sign attendance rosters at the beginning of each day. A certificate of completion will be provided to all activity participants based on completion of the program evaluation, documentation of actual attendance time, meeting minimum attendance requirements specific to the activity, and payment in full. If you are not paid in full, a link to complete evaluation and get your certificate will be emailed to you upon receipt of payment.

Physicians: The University of Kansas Medical Center Office of Continuing Medical Education & Professional Development is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The KU Medical Center Office of Continuing Medical Education designates this live activity for a maximum of 7.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: Up to 7.0 contact hours will be awarded to all individuals based on completion of the program evaluation, documentation of actual attendance time, meeting minimum attendance requirements specific to the activity, and payment in full.

University of Kansas School of Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.
PLANNING COMMITTEE

Jeanne Drisko, MD, Riordan Professor of Orthomolecular Medicine and Research, Director of Integrative Medicine, University of Kansas Medical Center, Kansas City, Kan.

William Walsh, PhD, Walsh Research Institute, Author of Nutrient Power

Janet Ink, Executive Director, Integrative Medicine, University of Kansas Medical Center, Kansas City, Kan.

Randall Evans, RD, Integrative Medicine, University of Kansas Medical Center, Kansas City, Kan.

Emily Curran, APRN, Integrative Medicine, University of Kansas Medical Center, Kansas City, Kan.

Mary Gambino, RN, PhD, Assistant Dean for Community Affairs, Director of Nursing Continuing Education, University of Kansas School of Nursing, Kansas City, Kan.

Kim Sanders, Director of Programs, Continuing Education & Professional Development, University of Kansas Medical Center, Kansas City, Kan.

Elizabeth Wenske, PhD, Project Manager, Continuing Education & Professional Development, University of Kansas Medical Center, Kansas City, Kan.

REGISTRATION AND FEES

Payment is required at the time of registration. Only registrations accompanied with payment will be accepted. Please register in advance. Fees include online course materials, lunch and continuing education credit.

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Phone  Toll free 877-404-5823
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Fax  785-864-4871

TDD  800-766-3777

Web  www.continuinged.ku.edu/kumc/nutritional

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Nutritional and Integrative Adjuncts to Conventional Approaches for Psychiatric Disorders

Kansas City, Kansas • Friday, October 11, 2013

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Registrations will not be processed until payment is received.

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If you will need special accommodation, please mark the box above, and a member of the Continuing Education staff will contact you. CM146001/JCN131156

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Refund and Cancellation Policy

A full refund of registration fees, less a $15 administrative fee, will be available if requested in writing and received by October 4, 2013. No refunds will be made after that date. A $30 fee also will be charged for returned checks. (Please note that if you fail to cancel by the deadline and do not attend, you are still responsible for payment.)

KU Continuing Education reserves the right to cancel the Nutritional and Integrative Adjuncts to Conventional Approaches for Psychiatric Disorders symposium and return all fees in the event of insufficient registration. The liability of the University of Kansas is limited to the registration fee. The University of Kansas will not be responsible for any losses incurred by registrants, including but not limited to airline cancellation charges or hotel deposits.

Location & Parking

All events will take place at the University of Kansas Medical Center Hemenway Life Sciences Innovation Center, 3901 Rainbow Blvd., Kansas City, Kan. Please bring a sweater or jacket, since temperatures can be difficult to control in large rooms.

Nondiscrimination Policy

The University of Kansas prohibits discrimination on the basis of race, color, ethnicity, religion, sex, national origin, age, ancestry, disability, status as a veteran, sexual orientation, marital status, parental status, gender identity, gender expression and genetic information in the University’s programs and activities. The following person has been designated to handle inquiries regarding the non-discrimination policies: Director of the Office of Institutional Opportunity and Access, IOA@ku.edu, 1246 W. Campus Road, Room 153A, Lawrence, KS, 66045, (785)864-6414, 711 TTY.

Program Accessibility

We accommodate persons with disabilities. Please call 785-864-5823 or mark the space on the registration form, and a KU Continuing Education & Professional Development representative will contact you to discuss your needs. To ensure accommodation, please register at least two weeks before the start of the symposium. See the nondiscrimination policy above.

The University of Kansas Medical Center is an AA/EEO Title IX institution.

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October 11, 2013

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